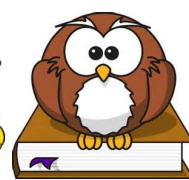


# Colonial Heights Public Schools Elementary Lunch Menu

# March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Eat Smart to Play Hard</b>  <b>Drink milk at meals</b>	<b>Eat Smart to Play Hard</b>  <b>Eat fruits and veggies at meals and for snacks</b>	 <b>Fuel up with foods from each food group</b>	<b>Eat Smart to Play Hard</b>  <b>Drink milk at meals</b>	<b>1</b> <b>Pepperoni Pizza</b> French Fries Cinnamon Apples Pretzel & Yogurt Meal
<b>4</b> <b>Cheeseburger</b> Seasoned Corn Garden Peas PB&J Uncrustable Meal		<b>6</b> <b>Chicken Tenders</b> Green Beans Fresh Veggies PB&J Uncrustable Meal	<b>7</b> <b>Beef Nachos</b> Cheese, Salsa Black Beans PB&J Uncrustable Meal	<b>8</b> <b>Pepperoni Pizza</b> French Fries Cinnamon Apples PB&J Uncrustable Meal
<b>11</b> <b>Chicken Patty Sandwich</b> Sweet Potato Fries Baked Beans Pretzel & Yogurt Meal	<b>12</b> <b>French Toast Sticks</b> Sausage Patties Tater Tots Pretzel & Yogurt Meal	<b>13</b> <b>BBQ Pork Sandwich</b> Coleslaw Collard Greens Pretzel & Yogurt Meal	<b>14</b> <b>Spaghetti &amp; Meatballs</b> Fresh Veggies Green Beans Pretzel & Yogurt Meal	<b>15</b> <b>Pepperoni Pizza</b> French Fries Cinnamon Apples Pretzel & Yogurt Meal
<b>18</b> <b>Cheeseburger</b> Seasoned Corn Garden Peas PB&J Uncrustable Meal	<b>19</b> <b>Corndog Nuggets</b> Collard Greens Tater Tots PB&J Uncrustable Meal	<b>20</b> <b>Chicken Tenders</b> Green Beans Fresh Veggies PB&J Uncrustable Meal	<b>21</b> <b>Beef Nachos</b> Cheese, Salsa Black Beans PB&J Uncrustable Meal	<b>22</b> <b>Pepperoni Pizza</b> French Fries Cinnamon Apples PB&J Uncrustable Meal
<b>25</b> <b>Chicken Patty Sandwich</b> Sweet Potato Fries Baked Beans Pretzel & Yogurt Meal	<b>26</b> <b>French Toast Sticks</b> Sausage Patties Tater Tots Pretzel & Yogurt Meal	<b>27</b> <b>Hot Dog</b> Coleslaw Steamed Broccoli Pretzel & Yogurt Meal	<b>28</b> <b>Stuffed Cheese Pizza Sticks</b> Marinara Dipping Cup Green Beans PB&J Uncrustable Meal	<b>29</b> <b>Pepperoni Pizza</b> French Fries Cinnamon Apples PB&J Uncrustable Meal

March is National Nutrition Month

# Eat Right!



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