

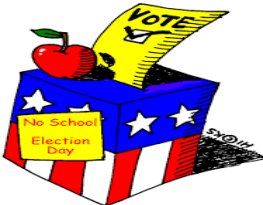




Colonial Heights Middle School

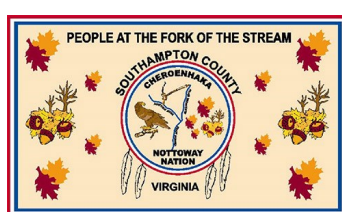
Lunch Menu

November 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chili Dog w/ Toppings Onion Rings French Bread Pizza Cheeseburger	2 Chicken Alfredo Steamed Broccoli Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	3 Beef Nachos Black Beans Cheese Pizza Sticks Corndog Nuggets
6 Corndog on a Stick & Funnel Cake Bean Variety Cheese Pizza Sticks Cheeseburger	7 	8 Ultimate Chicken Sandwich French Fries French Bread Pizza Cheeseburger	9 Salisbury Steak w/ Gravy Steamed Broccoli Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	10 Country Chicken Bowl Seasoned Corn Cheese Pizza Sticks Corndog Nuggets
13 Pork BBQ W/ Cole Slaw Fry Variety Seasoned Greens Cheese Pizza Sticks Corndog Nuggets	14 Spaghetti & Meatballs Green Beans Pepperoni & Cheese Pizzas Spicy Chicken Sandwich	15 Chili Dog w/ Toppings Onion Rings French Bread Pizza Cheeseburger	16 Chicken Alfredo Steamed Broccoli Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	17 Beef Nachos Black Beans Cheese Pizza Sticks Corndog Nuggets
20 	21  Thanksgiving Break No School			24 
27 Pork BBQ W/ Cole Slaw Fry Variety Seasoned Greens Cheese Pizza Sticks Corndog Nuggets	28 Spaghetti & Meatballs Green Beans Pepperoni & Cheese Pizzas Spicy Chicken Sandwich	29 Chili Dog w/ Toppings Onion Rings French Bread Pizza Cheeseburger	30 Chicken Alfredo Steamed Broccoli Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	

CELEBRATE VIRGINIA INDIAN TRIBES THIS NOVEMBER



"This Institution is an Equal Opportunity Provider"