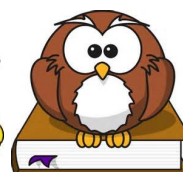


# Colonial Heights Public Schools Elementary Lunch Menu

# October 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>Cheeseburger</b> Seasoned Corn Garden Peas PB&J Uncrustable Meal	3 <b>Corndog Nuggets</b> Collard Greens Tater Tots PB&J Uncrustable Meal	4 <b>Chicken Tenders</b> Dinner Roll Green Beans PB&J Uncrustable Meal	5 <b>Beef Nachos</b> Cheese, Salsa Black Beans PB&J Uncrustable Meal	6 <b>Pepperoni Pizza</b> French Fries Cinnamon Apples PB&J Uncrustable Meal
9 <b>Chicken Patty Sandwich</b> Sweet Potato Fries Baked Beans Pretzel & Yogurt Meal	10 <b>French Toast Sticks</b> Sausage Patties Tater Tots Pretzel & Yogurt Meal	11 <b>Hot Dog</b> Coleslaw Steamed Broccoli Pretzel & Yogurt Meal	12 <b>Chicken Quesadillas</b> Seasoned Corn Black Beans Pretzel & Yogurt Meal	13 <b>Pepperoni Pizza</b> French Fries Cinnamon Apples Pretzel & Yogurt Meal
16 <b>Cheeseburger</b> Seasoned Corn Garden Peas PB&J Uncrustable Meal	17 <b>Salisbury Steak</b> W/ Fresh Baked Roll Mashed Potatoes Steamed Broccoli PB&J Uncrustable Meal	18 <b>Stuffed Cheese Pizza Sticks</b> Marinara Dipping Cup Green Beans PB&J Uncrustable Meal	19 <b>Beef Nachos</b> Cheese, Salsa Black Beans PB&J Uncrustable Meal	20 <b>Pepperoni Pizza</b> French Fries Cinnamon Apples PB&J Uncrustable Meal
23 <b>Chicken Patty Sandwich</b> Sweet Potato Fries Baked Beans Pretzel & Yogurt Meal	24 <b>French Toast Sticks</b> Sausage Patties Tater Tots Pretzel & Yogurt Meal	25 <b>BBQ Pork Sandwich</b> Coleslaw Collard Greens Pretzel & Yogurt Meal	26 <b>Spaghetti &amp; Meatballs</b> Fresh Veggies Green Beans Pretzel & Yogurt Meal	27 <b>Pepperoni Pizza</b> French Fries Cinnamon Apples Pretzel & Yogurt Meal
30 <b>Cheeseburger</b> Seasoned Corn Garden Peas PB&J Uncrustable Meal	31 <b>Corndog Nuggets</b> Collard Greens Tater Tots PB&J Uncrustable Meal	  		



## Menu Notes

Students have the choice of a wide variety of fresh fruit and vegetables options daily. In the event of a anticipated menu change, parents will be notified via social media. In the event of a same-day menu change, an in-school announcement will be made for students.

## Lunch Prices

All Lunches Are Free Of Charge For School Year 23/24

*"This Institution is an Equal Opportunity Provider"*

