



Colonial Heights Middle School

Lunch Menu

August 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 Pork BBQ W/ Cole Slaw Fry Variety Seasoned Greens Cheese Pizza Sticks Corndog Nuggets	22 Spaghetti & Meatballs Green Beans Pepperoni & Cheese Pizzas Spicy Chicken Sandwich	23 Chili Dog w/ Toppings French Fries French Bread Pizza Cheeseburger	24 Country Chicken Bowl Seasoned Corn Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	25 Beef Nachos Black Beans Cheese Pizza Sticks Corndog Nuggets
28 Air Fried Pork Chop Hush Puppy Poppers Bean Variety Corndog Nuggets Cheese Pizza Sticks	29 French Toast Sticks & Sausage Tater Tots Pepperoni & Cheese Pizzas Spicy Chicken Sandwich	30 Ultimate Chicken Sandwich French Fries French Bread Pizza Cheeseburger	31 Salisbury Steak w/ Gravy Seasoned Corn Pepperoni & Cheese Pizzas Chicken Tenders w/ Roll	 No School



Menu Notes

Students have the choice of a wide variety of fresh fruit and vegetables options daily. Fresh Salads, sandwiches, wraps and other cold entrees are also available on a rotating basis. In the event of a anticipated menu change parents will be notified via social media, students via email.

All Lunches Are Free Of Charge For School Year 23/24

"This Institution is an Equal Opportunity Provider"